Chesapeake Life Center’s grief support schedule through 2017 in Prince George’s County

(LARGO MD, June 21, 2017) — Chesapeake Life Center will offer a variety of grief support groups through the end of this year through its Prince George’s County office at 9500 Arena Drive, Suite 250, Largo. Registration is required for all groups and can be completed by calling 888-501-7077 or visiting www.chesapeakelifecenter.org.

- **Coffee and Conversation Monthly Morning Grief Support Group** is an informal gathering that provides a safe place for sharing and learning about grief while exploring coping strategies. The group will meet on the second Thursday of the month from 10 to 11:30 a.m. Sept. 14 through Dec. 14.

- **Monthly Evening Grief Support Group** is similar in format to the morning group and is primarily for career-aged adults grieving the loss of a loved one. The group will meet from 6 to 7:30 p.m. Thursdays Sept. 28, Oct. 26, Nov. 16 and Dec. 28.

- **SoulCollage Grief Support Group** will meet from 5 to 7:30 p.m. Mondays, July 10, Aug. 7, Sept. 11, Oct. 2, Nov. 6 and Dec. 4 at Church of the Redeemer, 7300 Race Track Road, in Bowie. Participants create a series of collages to commemorate lost loved ones and to visually journal the grief process. The cost is $10.

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Chesapeake Life Center, a program service of Hospice of the Chesapeake, serves hospice family members and the community with bereavement services and activities aimed at enhancing the quality of life for those grieving the loss of a loved one.