FOR IMMEDIATE RELEASE
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Chesapeake Life Center’s grief support schedule for July to December in Pasadena

(PASADENA, MD, June 21, 2017) — Chesapeake Life Center will offer a variety of grief support groups through the end of this year on the John & Cathy Belcher Campus at 90 Ritchie Highway, Pasadena. Registration is required for all groups and can be completed by calling 888-501-7077 or by visiting www.chesapeakelifecenter.org.

- **Morning Grief Support Group** is a facilitated six-week support group offering an opportunity to share with others while exploring coping strategies. The group will meet from 10 to 11:30 a.m. Thursdays, Oct. 5 to Nov. 9.

- **Evening Grief Support Group** offers attendees an opportunity to explore grief themes and share strategies for healing within a community of trust. The group will meet from 6 to 7:30 p.m. Thursdays, Sept. 28 to Nov. 2.

- **Child Loss Support Group** is for parents experiencing the loss of a child of any age. The group will meet Saturdays, Sept. 9, Oct. 7, Nov. 4 and Dec. 2. Call for times.

- **Loss of Life Partner/Spouse Monthly Evening Group** is for grieving career-aged individuals that will meet from 6:30 to 8 p.m. Wednesdays, Sept. 20, Oct. 18, Nov. 15 and Dec. 20. Call for childcare availability.

- **Suicide Grievers** is for those grieving the death of a loved one by suicide. The group will meet Tuesdays evenings, July 11, Sept. 18, Oct. 10, Nov. 14 and Dec. 12. Call for times and to speak with a counselor prior to attending your first meeting.

- **Together…Silent No More** is a monthly support group for those grieving a loss due to substance abuse. The group will meet Monday evenings, July 17, Sept. 18, Oct. 16, Nov. 20 and Dec. 18. Call for times and to speak with a counselor prior to attending your first meeting.

- **Gone Too Soon** is a group for young adults ages 18 to 24 who have experienced a loss, whether recent or long passed, that meets regularly at the Starbucks at 503 Ritchie Highway in Severna Park. It is an informal gathering offered as a way to connect over coffee and conversation. Call for dates and times.

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Chesapeake Life Center, a program service of Hospice of the Chesapeake, serves hospice family members and the community with bereavement services and activities aimed at enhancing the quality of life for those grieving the loss of a loved one.