

**FOR IMMEDIATE RELEASE**

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**Chesapeake Life Center's grief support schedule for July to December in Pasadena**

(PASADENA, MD, June 21, 2017) — **Chesapeake Life Center** will offer a variety of grief support groups through the end of this year on the John & Cathy Belcher Campus at 90 Ritchie Highway, Pasadena. Registration is required for all groups and can be completed by calling 888-501-7077 or by visiting [www.chesapeakelifecenter.org](http://www.chesapeakelifecenter.org).

- **Morning Grief Support Group** is a facilitated six-week support group offering an opportunity to share with others while exploring coping strategies. The group will meet from 10 to 11:30 a.m. Thursdays, Oct. 5 to Nov. 9.
- **Evening Grief Support Group** offers attendees an opportunity to explore grief themes and share strategies for healing within a community of trust. The group will meet from 6 to 7:30 p.m. Thursdays, Sept. 28 to Nov. 2.
- **Child Loss Support Group** is for parents experiencing the loss of a child of any age. The group will meet Saturdays, Sept. 9, Oct. 7, Nov. 4 and Dec. 2. Call for times.
- **Loss of Life Partner/Spouse Monthly Evening Group** is for grieving career-aged individuals that will meet from 6:30 to 8 p.m. Wednesdays, Sept. 20, Oct. 18, Nov. 15 and Dec. 20. Call for childcare availability.
- **Suicide Grievers** is for those grieving the death of a loved one by suicide. The group will meet Tuesdays evenings, July 11, Sept. 18, Oct. 10, Nov. 14 and Dec. 12. Call for times and to speak with a counselor prior to attending your first meeting.
- **Together...Silent No More** is a monthly support group for those grieving a loss due to substance abuse. The group will meet Monday evenings, July 17, Sept. 18, Oct. 16, Nov. 20 and Dec. 18. Call for times and to speak with a counselor prior to attending your first meeting.
- **Gone Too Soon** is a group for young adults ages 18 to 24 who have experienced a loss, whether recent or long passed, that meets regularly at the Starbucks at 503 Ritchie Highway in Severna Park. It is an informal gathering offered as a way to connect over coffee and conversation. Call for dates and times.

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Chesapeake Life Center, a program service of **Hospice of the Chesapeake**, serves hospice family members and the community with bereavement services and activities aimed at enhancing the quality of life for those grieving the loss of a loved one.