FOR IMMEDIATE RELEASE
Contact: Elyzabeth Marcussen, 443-837-1559
emarcussen@hospicechesapeake.org

CHESAPEAKE LIFE CENTER OFFERS
GRIEF SUPPORT PROGRAMS IN PRINCE GEORGE’S COUNTY

(Largo, MD, July 18, 2016) — Chesapeake Life Center is offering several grief support groups this summer and fall through its Prince George’s County office at 9500 Arena Drive, Suite 250, Largo.

- **Coffee and Conversation**, a morning grief support group facilitated by grief counselors in our Largo office. This informal monthly gathering provides a safe place for sharing and learning about grief while exploring coping strategies. The group will meet on the second Thursday of the month from 10 to 11:30 a.m. Sept. 8 through Dec. 8.

- **Evening Grief Support Group** is similar in format to the morning group. This monthly evening session primarily for career-aged adults grieving the loss of a loved one meets monthly in our Largo office from 6 to 7:30 p.m. on Thursdays, July 28, Sept. 29, Oct. 27, Nov. 17 and Dec. 15.

- **SoulCollage Grief Support Group** meets from 5 to 7:30 p.m. Mondays, Aug. 1, Sept. 12, Oct. 3, Nov. 7 and Dec. 5 at Church of the Redeemer, 7300 Race Track Road, in Bowie. Participants create a series of collages to commemorate lost loved ones and to visually journal the grief process. The cost is $10.

Registration is required and can be completed by calling 301-560-3812 or visiting [www.chesapeakelifecenter.org](http://www.chesapeakelifecenter.org).

###

**Chesapeake Life Center**, a program service of Hospice of the Chesapeake, serves hospice family members and the community with bereavement services and activities aimed at enhancing the quality of life for those grieving the loss of a loved one. For more information on Chesapeake Life Center programs, call 410-987-2129 or visit [www.chesapeakelifecenter.org](http://www.chesapeakelifecenter.org).