

**FOR IMMEDIATE RELEASE**

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**Chesapeake Life Center announces 2017 grief support schedule in Anne Arundel County**

(PASADENA, MD, DECEMBER 13, 2016) — Chesapeake Life Center is offering a variety of grief support groups this winter and spring on the John & Cathy Belcher Campus at 90 Ritchie Highway, Pasadena, MD.

- **Child Loss Support Group** for parents experiencing the loss of a child of any age meets monthly from 10 a.m. to noon on the first Saturday of the month beginning Jan. 7 through June 3.
- **Evening Grief Support Group** offers attendees an opportunity to explore grief themes and share strategies for healing within a community of trust. The groups meets weekly from 6 to 7:30 p.m. Thursdays from Jan. 26 to March 2.
- **Loss of Life Partner/Spouse Evening Group** for grieving career-aged individuals meets from 6:30 to 8 p.m. on the third Wednesday of the month beginning Jan. 18 through June 21. Please call for childcare availability.
- **Morning Grief Support Group** offers attendees an opportunity to explore grief themes and share strategies for healing within a community of trust. The group meets weekly from 10 to 11:30 a.m. Tuesdays from Jan. 24 to Feb. 28.
- **Suicide Grievors** meets in the evening on the second Tuesday of the month beginning Jan. 10 through June 13. Call 410-987-2129 for times and to speak with a counselor prior to attending your first meeting.
- **Together...Silent No More** is a monthly support group for those grieving a loss due to substance abuse. It meets from 6 to 7:30 p.m. on the third Monday of the month beginning Jan. 16 through June 19.

Registration is required and can be completed by calling 888-501-7077 or by visiting

[www.chesapeakelifecenter.org](http://www.chesapeakelifecenter.org).

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**Chesapeake Life Center**, a program service of Hospice of the Chesapeake, serves hospice family members and the community with bereavement services and activities aimed at enhancing the quality of life for those grieving the loss of a loved one.