

FOR IMMEDIATE RELEASE

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New morning and evening grief support groups begin April 27 at Chesapeake Life Center

(PASADENA, MD, March 10, 2017) — Chesapeake Life Center has added two six-week sessions to its schedule of grief support groups being held on the John & Cathy Belcher Campus at 90 Ritchie Highway, Pasadena, MD.

- **Morning Grief Support Group** will meet weekly from 10 to 11:30 a.m. Thursdays from April 27 to June 1.
- **Evening Grief Support Group** will meet weekly from 6 to 7:30 p.m. Thursdays from April 27 to June 1.

Both groups offer attendees an opportunity to explore grief themes and share strategies for healing within a community of trust.

The center offers more than 15 groups that meet regularly in both Anne Arundel and Prince George's Counties throughout the year, each tailored for different types of bereavement and grievers. There are groups for children as young as age 4, teenagers, young adults, career-aged adults and parents, as well as groups for those who have lost someone dear to suicide or substance abuse. A complete schedule is available at www.chesapeakelifecenter.org.

Registration is required and can be completed by calling 888-501-7077, emailing griefinfo@hospicechesapeake.org or by visiting the website.

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Chesapeake Life Center, a program service of Hospice of the Chesapeake, serves hospice family members and the community with bereavement services and activities aimed at enhancing the quality of life for those grieving the loss of a loved one.