

For Parents Helping Children

The Grieving Children: A Parent's Guide

by Helen Fitzgerald

Educational guide for parents who are supporting grieving children

Great Answers to Difficult Questions about Death: What Children Need to Know

by Linda Goldman

A useful guide for parents & caregivers supporting children

Helping Children Grieve

by Khris Ford & Paula D'Arcy

A compassionate DVD about the effects of grief and loss on children & families

Supporting Children after Suicide Loss

by Susan Coale & Sarah Montgomery

A support guide for parents & caregivers to help children after a suicide loss

Teens

You Are Not Alone: Teens Talk about Life after the Loss of a Parent

by Lynne Hughes

A reassuring guide for teens coping with loss of a parent

Fire in My Heart, Ice in My Veins

by Enid Samuel-Traisman

A creative journal for teens experiencing a loss (sold through Centering Corp., www.centering.org)

Weird is Normal: When Teenagers Grieve

by Jenny Lee Wheeler

Self-help book for grieving teens written by a grieving teen

The Fault in Our Stars

by John Green

A fictional account of teens Hazel & Augustus' journey through love & loss

Children, ages 4-10



The Invisible String

by Patrice Karst

A resiliency building book about how we're all connected by love

When Dinosaurs Die: A Guide to Understanding Death

by Laurie Krasny Brown & Marc Brown

An illustrated guide that helps answer kid's questions about death

After Death: An Activity Book for Children

by Amy Barrett Lindholm

Easy-to-use workbook that includes creative activities and tips through grief

What's Heaven?

by Maria Shriver

A starting point that explores difficult questions about death and beyond

Grief is Like a Snowflake

by Julia Cook

Using the story of "little tree," children learn how to cope with death

Someone Special Died

by Joan Prestine

A sensitive & realistic look at grief & loss geared toward children

When Families Grieve

Sesame Street

A bilingual book & CD kit uses Sesame Street characters to support grieving families

Chesapeake Life Center

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