

FOR IMMEDIATE RELEASE

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Chesapeake Life Center's children's winter 2019 grief support schedule

(PASADENA, MD, December 14, 2018) — Chesapeake Life Center announces its schedule of grief support programs for children and youth that will be offered from January through March 2019.

- **Stepping Stones** is a monthly support group for children ages 6 to 13 grieving the loss of a loved one that will meet from 10 a.m. to noon on the first Saturday of the month, Jan. 5, Feb. 2 and March 2, on the John & Cathy Belcher Campus at 90 Ritchie Highway, Pasadena. The cost is \$10 per child; maximum \$20 per family, and includes breakfast.
- **Phoenix Rising** is a monthly group for teens ages 13 to 18 grieving the loss of a loved one that will meet from 6:30 to 8 p.m. on the third Wednesday of the month, Jan. 16, Feb. 20 and March 20 on the John & Cathy Belcher Campus at 90 Ritchie Highway, Pasadena. A meal will be provided along with games and other activities. The cost is \$10 per child; maximum \$20 per family.
- **Pre-Teen Group** is a new monthly support group for pre-teens and early teens to connect and share with others who have lost a loved one. It will meet at the same time and place as the Phoenix Rising group -- from 6:30 to 8 p.m. on the third Wednesday of the month, Jan. 16, Feb. 20 and March 20 on the John & Cathy Belcher Campus at 90 Ritchie Highway, Pasadena. The meeting will include a light dinner and get-to-know-you activities. The cost is \$10 per child; maximum \$20 per family.

Pre-registration is required for all these programs and must be completed before attending by calling 888-501-7077 or emailing griefinfo@chesapeakelifecenter.org.

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Chesapeake Life Center, a program service of Hospice of the Chesapeake, serves hospice family members and the community with bereavement services and activities aimed at enhancing the quality of life for those grieving the loss of a loved one. For details, visit www.chesapeakelifecenter.org.