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Chesapeake Life Center announces new day camps for grieving children and teens

(PASADENA, MD, March 4, 2019) — Chesapeake Life Center is updating its grief camps this year by offering day programs for youth ages 6 to 18.

The children's grief day camp for ages 6 to 13 will be held from 6 to 8:30 p.m. June 21 and 9 a.m. to 4 p.m. June 22 on the Hospice of the Chesapeake's John & Cathy Belcher Campus in Pasadena. Kids will get to know each other on Friday night, then return the next day to explore their grief, learn tools to manage it and have a lot of fun. Through art, play, conversations and support, children will learn new ways to cope with the difficult task of grieving, while learning they are not alone. The cost is \$50.

The teens' grief camp, Camp Phoenix, will take place from 9 a.m. to 6:30 p.m. June 22 at Arlington Echo Outdoor Education Center in Millersville. Using art, team building exercises and getting to know each other, teens ages 13 to 18, will find a space where the many emotions of grief are met with care and compassion. Professional counselors offer the expertise to support these teens as they navigate grief while having fun and discovering they are not alone. The cost is \$40.

All meals, snacks and activities are included in cost to attend. There are scholarships available for those in need. Space is limited. Registration is required and can be completed by calling 888-501-7077 or emailing griefinfo@cheseapeakelifecenter.org.

The center will be offering a similar day camp in August in Prince George's County and will update its website, www.chesapeakelifecenter.org, when that information becomes available.

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Chesapeake Life Center, a program service of Hospice of the Chesapeake, serves hospice family members and the community with bereavement services and activities aimed at enhancing the quality of life for those grieving the loss of a loved one.