

**FOR IMMEDIATE RELEASE**

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**Chesapeake Life Center's children's spring 2019 grief support schedule**

(PASADENA, MD, March 20, 2019) — Chesapeake Life Center announces its schedule of grief support programs for children and youth that will be offered from April through June 2019.

- **Stepping Stones** is a monthly support group for children ages 6 to 12 grieving the loss of a loved one that meets from 10 a.m. to noon on the first Saturday of the month, April 6, May 4 and June 1, on the John & Cathy Belcher Campus at 90 Ritchie Highway, Pasadena. The cost is \$10 per child; maximum \$20 per family, and includes breakfast.
- **Phoenix Rising** is a monthly group for teens ages 13 to 18 grieving the loss of a loved one that meets from 6:30 to 8 p.m. on the third Wednesday of the month, April 17, May 15 and June 19, on the John & Cathy Belcher Campus. A meal will be provided along with games and other activities. The cost is \$10 per child; maximum \$20 per family.
- **Pre-Teen Group** is a recently added monthly support group for pre-teens and early teens to connect and share with others who have lost a loved one. It meets at the same time and place as the Phoenix Rising group -- from 6:30 to 8 p.m. on the third Wednesday of the month, April 17, May 15 and June 19, on the John & Cathy Belcher Campus. The meeting will include a light dinner and activities. The cost is \$10 per child; maximum \$20 per family.
- **Children's Grief Day Camp** for ages 6 to 13 will be held from 6 to 8:30 p.m. June 21 and 9 a.m. to 4 p.m. June 22 on the John & Cathy Belcher Campus. Kids will get to know each other on Friday night, then return the next day to explore their grief, learn tools to manage it and have a lot of fun. Through art, play, conversations and support, children will learn new ways to cope with the difficult task of grieving, while learning they are not alone. All meals, snacks and activities are included in cost to attend. There are scholarships available for those in need. Space is limited. The cost is \$50.

- **Camp Phoenix Teen Grief Day Camp** will take place from 9 a.m. to 6:30 p.m. June 22 at Arlington Echo Outdoor Education Center in Millersville. Using art and team building exercises, teens ages 13 to 18 will find a space where the many emotions of grief are met with care and compassion. Professional counselors offer the expertise to support these teens as they navigate grief while having fun and discovering they are not alone. All meals, snacks and activities are included in cost to attend. There are scholarships available for those in need. Space is limited. The cost is \$40.

Pre-registration is required for all these programs and must be completed before attending by calling 888-501-7077 or emailing [griefinfo@chesapeakelifecenter.org](mailto:griefinfo@chesapeakelifecenter.org).

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**Chesapeake Life Center**, a program service of Hospice of the Chesapeake, serves hospice family members and the community with bereavement services and activities aimed at enhancing the quality of life for those grieving the loss of a loved one. For details, visit [www.chesapeakelifecenter.org](http://www.chesapeakelifecenter.org).