

FOR IMMEDIATE RELEASE

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Chesapeake Life Center 2020 day camps for grieving children and teens

(PASADENA, MD, February 21, 2020) — Chesapeake Life Center will once again offer several day programs for youth ages 6 to 18 this summer. Through art, play, conversations and support, children and teens will learn new ways to cope with the difficult task of grieving while learning they are not alone.

The first children's grief day camp will be held in Prince George's County. Designed for ages 6 to 12, it will be held from 9 a.m. to 4 p.m. July 18 at the College Park Airport Administrative Building, 1909 Corporal Frank Scott Drive, next to the museum, and will also include an activity in the museum. The interactive workshop experience offers a safe space for children to explore their grief, make friends and have fun. The cost is \$40.

The second children's grief day camp for ages 6 to 12 will be held from 6 to 8:30 p.m. July 31 and 9 a.m. to 5:30 p.m. Aug. 1 on the Hospice of the Chesapeake's John & Cathy Belcher Campus in Pasadena. Kids will get to know each other on Friday night, then return the next day to explore their grief, learn tools to manage it and have a lot of fun. The cost is \$50.

The teens' grief camp, Camp Phoenix, will take place from 10 a.m. to 8 p.m. Aug. 15 at Terrapin Adventures at Historic Savage Mill at 8600 Foundry St. By using team building exercises and other activities to help them get to know each other, teens ages 13 to 18, will find a space where the many emotions of grief are met with care and compassion. Professional counselors offer the expertise to support these teens as they navigate grief while having fun and discovering they are not alone. The cost is \$40.

All meals, snacks and activities are included in the cost to attend. There are scholarships available for those in need. Space is limited. Registration is required and can be completed by calling 888-501-7077 or emailing griefinfo@cheseapeakelifecenter.org.

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High resolution photos are available upon request.



(June 22, 2019) From left, Avery Fremem, Ryan Sartwell, Carmello Brice and Mason Conner take a break from a scavenger hunt to ride one of several bench swings in the Children’s Memorial Garden during a children’s day grief camp activity. Photo by Elyzabeth Marcussen, Hospice of the Chesapeake

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Chesapeake Life Center, a program service of Hospice of the Chesapeake, serves hospice family members and the community with bereavement services and activities aimed at enhancing the quality of life for those grieving the loss of a loved one. For details, visit www.chesapeakelifecenter.org.