



# Upcoming Events

April - June

## SUPPORT GROUPS

### Drop-In Grief Support Groups

**North Beach:**

1:00 - 2:00 pm (April 2, May 7, June 4)

**South Pines:**

2:00 - 3:00 pm (April 8, May 13, June 10)

**Calvert Pines:**

1:00 - 2:00 pm (April 15, May 20, June 17)

**Cost:** FREE

### SoulCollage Studio

**Date:** April 7

**Time:** 2:00 - 5:00 pm

**Location:** Largo office

**Cost:** \$10

### SoulCollage Virtual Support Group for Loss & Transition

**Date:** May 5

**Time:** 6:00 - 8:00 pm

**Location:** Virtual

**Cost:** FREE

### Stepping Stones (Pasadena)

**Date:** April 1, 8, 15, 22

**Time:** 6:00 - 7:30 pm

**Location:** Pasadena office

**Cost:** \$40

*\*This group is for children and teens ages 6-18.*

### Stepping Stones Squad (Calvert)

**Date:** April 5, May 3, June 14

**Time:** 10:00 - 11:30 am

**Location:** Burnett Center for Hope and Healing

**Cost:** FREE

*\*This group is for children and teens ages 6-18.*

### Loss of Life Partner Virtual Group

**Date:** April 8, May 13, June 10

**Time:** 10:30 am - 12:00 pm

**Location:** Virtual

**Cost:** FREE

### Loss of Life Partner Evening Group

**Date:** April 9, May 14, June 11

**Time:** 6:30 - 8:00 pm

**Location:** Pasadena office

**Cost:** \$10

### Loss of Parent or Parental Figure Group

**Date:** April 10, May 8, June 12

**Time:** 6:30 - 8:00 pm

**Location:** Pasadena office

**Cost:** FREE

*\*This group is only for those 18 years and older.*

### Child Loss Support Group

**Date:** April 28, May 19, June 30

**Time:** 5:30 - 7:00 pm

**Location:** Pasadena office

**Cost:** FREE

*\*This group is only for those 18 years and older.*



Register Today!

# Upcoming Events



## WORKSHOPS

### Mother's Day Sip and Paint Wellness Workshop

**Date:** May 17  
**Time:** 11:00 am - 1:00 pm  
**Location:** Pasadena Office  
**Cost:** \$10

### Mindful Art - Let's Have Fun with the Brilliant Blob Family!

**Date:** May 14  
**Time:** 6:00 - 8:00 pm  
**Location:** Center for Hope and Healing  
**Cost:** \$20

### Creating Hope: Therapeutic Art Exercises in Griefwork

**Date:** April 5, May 3, June 14  
**Time:** 1:00 - 2:30 pm  
**Location:** Burnett Center for Hope and Healing  
**Cost:** \$10



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### Suicide Support Workshop

**Date:** April 28  
**Time:** 6:00 - 7:30 pm  
**Location:** Pasadena Office  
**Cost:** \$10

### Parent Loss Workshop

**Date:** April 5  
**Time:** 11:00 am - 1:00 pm  
**Location:** Largo Office  
**Cost:** \$10

### Nature's Healing Power: A Grief Support Group Series

**Date:** May 1, May 8, May 22, May 29  
**Time:** 11:00 am - 1:00 pm  
**Location:** Greenbelt Park  
**Cost:** FREE

Chesapeake Life Center's grief support is available to anyone in our community who is grieving the loss of a loved one, regardless of their relationship to hospice or the type of loss.

Hospice of the Chesapeake family members may receive short-term grief counseling (up to 10 sessions) and attend support groups at no charge for up to 13 months after the death of a loved one.

We also offer services to community members whose loved one was not cared for by Hospice of the Chesapeake. For these community members, counseling is offered on a sliding fee scale.