

Upcoming Events



October - December

SUPPORT GROUPS AND WORKSHOPS

Drop-In Grief Support Groups

North Beach:

1:00 - 2:00 pm (October 1, November 5, December 3)

Southern Pines:

2:00 - 3:00 pm (October 14, December 9)

Calvert Pines:

1:00 - 2:00 pm (October 21, November 18, December 16)

Cost: FREE

Nature's Healing Power: A Grief Support Group

Date: October 2, 9, 16

Time: 8:30 - 9:00 am

Location: Governor Bridge Natural Area

Cost: FREE

Now what? Navigating Grief: A Support Group for Those Coping with Loss

Date: October 14, November 18, December 9

Time: 6:30 - 8:00 pm

Location: Pasadena Center for Hope and Healing

Cost: FREE

Creating Hope: Therapeutic Art Exercises in Griefwork

Date: October 11, December 13

Time: 1:00 - 2:30 pm

Location: Burnett Center for Hope & Healing

Cost: FREE

SoulCollage Studio

Date: October 6 and December 1

Time: 2:00 - 5:00 pm

Location: Largo office

Cost: \$10

SoulCollage for Teens

Date: October 14

Time: 6:00 - 8:00 pm

Location: Pasadena office

Cost: \$10

SoulCollage Virtual Support Group for Loss & Transition

Date: November 3

Time: 6:00 - 8:00 pm

Location: Virtual

Cost: FREE



Register Today!

Upcoming Events



Monday Morning Mindfulness

Date: October 6, November 3, December 1

Time: 8:30 - 9:00 am

Location: Pasadena Center for Hope & Healing

Cost: FREE

Loss of Life Partner Virtual Support Group

Date: October 14, November 11, December 9

Time: 10:30 am - 12:00 pm

Location: Virtual

Cost: FREE

Loss of Parent or Parental Figure Group

Date: October 9, November 13, December 11

Time: 6:30 - 8:00 pm

Location: Pasadena office

Cost: FREE

Handling the Holidays

Date: November 8

Time: 10:00 am - 12:00 pm

Location: Burnett Center for Hope & Healing

Cost: \$10

Living with Loss Through the Holidays

Date: November 15

Time: 10:00 am - 12:00 pm

Location: Largo office

Cost: \$10

Child Loss Support Group

Date: October 20, November 17, December 15

Time: 5:30 - 7:00 pm

Location: Pasadena Center for Hope & Healing

Cost: FREE

**This group is only for those 18 years and older.*

Smash and Mend

Date: December 15

Time: 1:30 - 4:00 pm

Location: Largo office

Cost: \$15

Chesapeake Life Center's grief support is available to anyone in our community who is grieving the loss of a loved one, regardless of their relationship to hospice or the type of loss.

Hospice of the Chesapeake family members may receive short-term grief counseling (up to 10 sessions) and attend support groups at no charge for up to 13 months after the death of a loved one.

We also offer services to community members whose loved one was not cared for by Hospice of the Chesapeake. For these community members, counseling is offered on a sliding fee scale.



Register Today!